

ASSIGNMENT

CLASS 1

EVS

CHAPTER -3 (MY NEEDS-FOOD WE EAT)

TO BE DONE IN THE EVS COPY.

CHAPTER -3

1. Why do we need food ?

Ans: We need food to grow. It makes us strong and healthy.

It gives us energy and protects our body.

2. When do we have our breakfast ?

Ans: We have our breakfast in the morning.

3. Name three food items that we get from plants.

Ans: The three food items that we get from plants are:

1. Fruits

2. Vegetables and

3. Grains.

